

River Valley High School

Newsletter Issue 1/2016



MONTEAGE

HIGHLIGHTS

02 RV60

04 2015 'A' Level Results

29 Chinese New Year Celebrations



立化60周年校庆

陈丽垚 (5R)

2016年1月16日，历届立化人怀着喜悦的心情，聚集在位于文礼的校舍，一同庆祝立化建校六十周年。教育部代部长（学校）兼交通部高级政务部长黄志明先生作为贵宾出席了庆典。六十年来，立化经过6次迁校，从一所普通的华文政府中学发展成今日著名的学府；从简陋的校舍发展至今日拥有现代化设备，环境清幽的校园，立化的成就有目共睹，足以让所有立化人引以为傲。

校庆当天，无论是台前或幕后，立化师生都通过不同的平台为庆典付出自己的一份力，可说是契合了立化六十周年携手共进的主题。下午4时-6时的校友回校活动中，只见来自各届的校友聚集在校园各个角落，有的参观文史馆，有的玩游戏，也有的观赏小型音乐会。校友也通过校友书画展、谱写诗歌、文章、创作歌曲、回校举行讲座等各种方式献出自己母校的敬意。

这次庆典的亮点莫过于由两千多名学生呈献的大汇演。这场别出心裁的表演聚集了不同课外活动的学生，他们为我们带来了刚劲勇猛的舞龙舞狮、独一无二的立化拳、柔中带刚的武术、强劲有力的二十四节令鼓、优美的舞蹈、悦耳动听的华乐、管弦乐、朗诵以及雄赳赳气昂昂的步操。

身为节目主持人，我与其他三位主持人以及众多表演者，都是初次尝试，但大家在筹备阶段都充分体现出了好学不倦、谦恭自信的精神，即使是在烈日下无数次的练习与彩排，大家还是一丝不苟，没有半句怨言。

当晚，我也参与了校庆晚宴。台上有六十个标志着年份的小蛋糕，拥簇着一个大蛋糕，黄志明先生和其他嘉宾以及第一届至第六十届的代表都上台唱生日歌。我能代表第五十六届立化生，深感荣幸。在晚宴的尾声，我们高唱校歌，那悦耳的旋律再加上数代立化人洪亮的歌声，使我感受到了浓浓的立化情。

蓦然回首，数代立化人能共同创造佳绩是因为有前任校长的高瞻远瞩，教师们的殷切期望，以及莘莘学子的勤奋努力。携手共进六十年，我们的精神，我们的情感，我们的故事。立化，将永远是立化人心中的家。我深信，浓浓的立化情会让所有立化人心心相扣。承前启后，继往开来，让我们迈向高峰，为立化再创辉煌！

愿立化
与日月争光兮
与天地共久长！



RIVER VALLEY HIGH SCHOOL



Guest of Honour
inspecting the
cadet contingent



Lion Dance
performance as part
of the mass display



Roaring drum
performance



Happy Birthday RV!



Minister unveils
the RV spirit
sculpture

RV Alumni Song

As River Valley High School prepared to celebrate her 60th birthday, a group of young men and women decided to celebrate their fond memories of the school with a song. Titled '青春彼岸' (Qing Chun Bi An), the song was an expression of gratitude to the school as well as a wistful glance at the carefree days of being an RVian in years gone by.

It all started with a string of Alumni events, from an anniversary dinner in November 2014 to a mass sing-a-long session in April 2015, which allowed us to gather a group of local musical talents who were RV Alumni. The teacher representative (myself!) then suggested that the group could produce an original song together. The song could build on RV's foundation as a pioneer of the xinyao movement in Singapore, and it would be an appropriate present to the school during its 60th anniversary. That idea quickly took hold and before long, the prototype was produced in December 2015 with the combined song-writing talent of Regine Han and Bevlyn Khoo. A choir of singers was assembled – Regine Han, Bevlyn Khoo, Jiu Jian, Edric Hsu, Tay Sia Yeun and Yeo Chengrong. During the RV60 celebration dinner, young alumna Nicholine Neo served as guitarist and current student, Cai Yu Han was the keyboardist. It was indeed an apt reflection of the RV spirit of '携手共进', and a salutation to strong bonds forged across batches of RVians, drawing much applause and cheers from the guests that included past principals, teachers and students along with the guest-of-honour, Acting Minister for Education (Schools) Mr Ng Chee Meng.

'青春彼岸' indeed captures the essence of the RV spirit, an enduring quality that has distinguished the school for the last 60 years!

Mr Yeo Chengrong
Teacher and alumna of River Valley High School

RV60 Dinner guests

VVIP tour of
the school

Homecoming
Photobooths

Speech by Minister of
Education,
Mr Ng Chee Meng



Outstanding Graduates from the Class of 2015

Exhibiting the RV Values



Following the release of the GCE A-Level Examination results on 4 March 2016, we had the opportunity to interview several graduates who best exemplified the school values throughout their course of study in River Valley High School. The five graduates, Tseng Fan Shuen, Ong Jia Hui, Tan Yu Jia, Phua Jia Jun and Lau Shi Yun, shared study tips and talked about how RV shaped them.

Perseverance

In preparation for any examination, stress is inevitable. Our graduates agreed that good time management, diligence and consistent revision can help you to pace your learning, and thus avoid getting too stressed out. Fan Shuen attributed part of his motivation to his Economics teacher, Ms Lee Wei Min, who believed that "hard work will never fail you". For Shi Yun, good study methods were critical in enabling her to revise

effectively and she was not afraid of changing her study methods when they proved to be ineffective. Yu Jia suggested sharing notes and exchanging pointers with peers in order to gain different perspectives, and highlighted that this is especially useful for those studying the humanities. There was unanimous agreement that it was necessary to clarify doubts immediately and also that it was necessary to keep abreast of the syllabus.

People-centricity and Proactive-ness

Beyond the academics, these graduates exhibited impressive leadership skills and the passion to serve. Jia Hui, the captain of the RV Softball Team, explained that she kept up the team morale by holding regular pep talks with her team in order to understand the players and their difficulties as well as maintain good team dynamics. These helped to equip her team members with the correct mindset and attitude.

Vice-President of the Service and Citizenship Society, Yu Jia, was proactive in organising Values-in-Action activities which benefitted the community, such as the Community Story-telling Competition for primary school children in Taman Jurong to improve their English Language proficiency.

Pursuit of excellence

The graduates also have great aspirations for their future. Both Fan Shuen and Shi Yun expressed their desire to study a Science course, with Fan Shuen hoping to read Medicine in a local university. Yu Jia wants to be enrolled into Communication Studies at the Wee Kim Wee School of Communication and Information at Nanyang Technological University while Jia Jun is interested in Occupational Therapy, and Jia Hui intends to pursue Physiotherapy.

Having been in RV for six years, the graduates agreed that RV has left

Achievements: 2015 'A' Level Results



No of students who sat for the exam: **417**

No of students who attained
a perfect score for university admission: **32**

No of students who scored
at least 5 distinctions: **133**

No of students who scored
at least 6 distinctions: **75**

No of students who scored
at least 7 or 8 distinctions: **36**

Percentage passes for **H2** subjects: **99.0%**,
of which **47.9%** were **distinctions**

Percentage passes for **H1** subjects: **99.3%**,
of which **38.3%** were **distinctions**

an indelible mark in their lives, moulding them to become the people they are today. Both Yu Jia and Jia Jun emphasised the importance of the friendships forged, with the latter fondly proclaiming RV as a source of comfort, "You know that when you come back here, it will always be like a home." Fan Shuen shared that his greatest takeaway from RV was something that Mr Chow Ban Hoe taught him - to constantly strive for self-improvement. Shi Yun expressed her gratitude for the leadership opportunities given to her because they were key drivers in her personal development. Lastly, "play hard and learn hard" was something that Jia Hui mentioned in her interview, emphasising the need to have fun even while working.

RVSEC would like to extend our heartiest congratulations to the Class of 2015 for their achievements, and we wish them all the best in their future endeavours.

Kimberley Khoong (6B), Li Qin Hui (6B), Lucia Yeo (6Q)
River Valley Student Editorial Club (RVSEC)

The class of 2015 attained stellar results in the 2015 GCE A-Level Examination. Of the 417 students who sat for the examination, 32 students attained a perfect score of 90 rank points for university admission, 133 students scored at least 5 Distinctions, 75 students obtained at least 6 Distinctions and 36 of them scored at least 7 or 8 Distinctions. We are also proud of our students who offered four H2 subjects as 68.6% of them scored all 4As or Bs.

Achievements

SCHOLARSHIPS & ACADEMIC AWARDS

AGENCY FOR SCIENCE, TECHNOLOGY & RESEARCH SCIENCE AWARD

Four Year 3 students received the award with an annual allowance of \$500 each, for two years:

Choi Tong En (3E) Pang Kai Lin (3E)
Li Jiangrong (3E) Sun Baizhen (3E)

Two Year 5 students received the award with an annual allowance of \$1000 allowance each, for two years:

Lim Yuhua (5D)
Tan Yi Shiuan (5K)

YOUNG DEFENCE SCIENTISTS PROGRAMME SCHOLARSHIP

Four Year 3 students were awarded the scholarship with an annual allowance of \$500 each for two years:

Lim Xin Yi (3E) Tan Wee Leng (3E)
Pang Kai Lin (3E) Ng Shi Qing (3H)

YOUNG DEFENCE SCIENTISTS PROGRAMME ACADEMIC AWARDS

Four students from Year 3, 4, 5 and 6 received a cash award of \$200 each (Physics):

Neoh Tzeh Yuan (4E)
Branden Chua Qi Yu (5J)
Tan Chern Heng (6E)
Tseng Fan Shuen (6H '15)

Four students from Year 3, 4, 5 and 6 received a cash award of \$200 each (Mathematics):

Chiau Ren Dao (4H)
Chia Guole Eugene (5H)
Chew Wei Sheng (6B)
Lim Li Ying (6F '15)

OTHER AWARDS & ACHIEVEMENTS

NATIONAL INSTITUTE OF EDUCATION MANAGEMENT & LEADERSHIP IN SCHOOLS (MLS) PROGRAMME

Dr J. M. Nathan Memorial Prize for Curriculum Project awarded to the team which demonstrated highest level of standard in their MLS curriculum project: Mr Chow Ban Hoe (Head of Department, Science Research & Talent Development)

SINGAPORE SCIENCE AND ENGINEERING FAIR

Gold Award: Chow Kit Mun (5D)
Kit Mun was selected by MOE to represent Singapore in IntelTM International Science & Engineering Fair at Phoenix, Arizona, USA in May 2016

Silver & Special Award (The Chapter of Clinician Scientists Award) - 1st Prize

Chong Shu Chen (6A)
Koo Fang Ru (6D)
Kendy Chan Gui Fang (6D)

Silver Award: Tan Chern Heng (6E)

Silver Award (Team): Chen Yijia (6J)
Yuan Yutong (6J)

Bronze Award (Individual)

Tan Yi Shiuan (5K)
Christopher Goh Zhen Fung (6H)

Merit Award (Team): Teo Chong Boon (6A)
Wu Duoduo (6F)

Merit Award (Team): Li Qin Hui (6B)
Lee Derick (6B)
Yu Siyue (6C)

Merit Award (Team): Wai Sin Yee (5A)
Ng Kwok Wing (5B)
Zhou Ziqi (5M)

Special Award by Yale NUS College (for School-based Projects) & Singapore Association for the Advancement of Science: Poster Award for Science Communication:

Goh Cheng Wei Benjamin (5H)
Ji Yuxuan (5M)

Special Award by Yale NUS College (for School-based Projects):

Tho Jia Yi (5I)
Sie Kim Ee Chloe (5N)

SINGAPORE BIOLOGY OLYMPIAD

1 Merit Award: Koh Wern Xing (5D)

SINGAPORE CHEMISTRY OLYMPIAD

Bronze Award: Wang Kaiwen (6G)

SINGAPORE PHYSICS OLYMPIAD

Bronze Award: Li Yezhou (6F)

SINGAPORE YOUNG PHYSICISTS' TOURNAMENT

1 Commendation Award (Team, Secondary School)

2 Commendation Awards (Team, Junior College)

YOUNG DEFENCE SCIENTISTS PROGRAMME SCIENCE AND TECHNOLOGY CAMP COMPETITION

2nd Runner-up (Team, IP2 Category):

Lim Xin Yi (3E)
Tan Wee Leng (3E)
Lin Zitian Vivian (3F)

1st Runner Up (Team, IP3 Category):

Lim Guan Mao Daven (4C)
Fu Shun Long Winston (4C)
Neoh Tzeh Yuan (4E)

ANGLO-CHINESE JUNIOR COLLEGE INTERNATIONAL C.B. PAUL SCIENCE QUIZ

Gold Medal (Individual, Secondary School):
Yang Hui (4A)

Silver Medal (Individual, Secondary School):
Chang Jing Yan (4C)

Bronze Medal (Individual, Secondary School): Daniel Ling Zhi Yuan (4B)

ANGLO-CHINESE JUNIOR COLLEGE INTERNATIONAL BIOMEDICAL QUIZ

Gold Medal (Individual, Upper Secondary):
Yang Hui (4A)

2 Silver Medals (Individual, Upper Secondary): Lim Shin Ru (4A)
Chaline Charoenwong (4E)

3 Bronze Medals (Individual, Upper Secondary): Tan Wan Yun (4A)
Chang Min Xuan (4C)
Loh Wei Shi Cassandra (4C)

2 Bronze Medals (Individual, Junior College):
Shariel Leong (6C)
Kendy Chan Gui Fang (6D)

3rd Runner Up (Team, Junior College)

SINGAPORE SPACE CHALLENGE

1st Runner Up (Team, Space and Medical Science)

MOE OVERSEAS STUDENT ATTACHMENT PROGRAMMES

(a) Centre for Excellence in Education Summer Programme – Research Science Institute

One Year 5 student participated in an overseas research attachment programme at Massachusetts Institute of Technology (Boston, United States of America):
Lim Yuhua (5D)

(b) International Summer School for Young Physicists

One Year 5 student participated in an overseas summer school programme at Perimeter Institute for Theoretical Physics (Waterloo, Canada):
Daryl Tai (5F)

(c) XLAB International Science Camp

Two Year 5 students participated in an international science camp at University of Göttingen (Göttingen, Germany):

Stefan Liew Jing Rui (5E)

Chia Guole Eugene (5N)

SINGAPORE 19TH NATIONAL OLYMPIAD IN INFORMATICS ORGANISED BY THE NUS FACULTY OF COMPUTING

Bronze Award: Li Yezhou (6F)

INTERNATIONAL INVITATIONAL CHINESE DEBATE COMPETITION
Champion (Senior High Team) :

Yuan Yutong (6J) Huang Li Jing (5R)

Chen Beiqi (6R) Jia Shengzhi (5F)

Lim Ying Hui (5M) Wang Shixian (5A)

3rd Placing (Junior High Team) :

Chai Li Xian (4L) Xie Yu Xuan (4C)

Xu Jiani (4B) Chen Jiarui (3B)

Li Yuqian (4B) Luo Tianhong (3C)

NATIONAL CHINESE CALLIGRAPHY COMPETITION

1st Prize: Lek Kai Jun (2C)

8TH NATIONAL YOUTH CHINESE CALLIGRAPHY COMPETITION
1st Prize (Secondary Schools)

Mao Ruijie (1J)

Merit Prize (Secondary Schools):

Lek Kai Jun (2C)

Merit Prize (Junior Colleges)

Ngoh Jia Hui (6E)

YEW TEE NATIONAL CHINESE CALLIGRAPHY COMPETITION
1st Prize (Secondary Schools):

Mao Ruijie (1J)

2nd Prize (Secondary Schools):

Loke Mei Qi Jessica (2D)

2nd Prize (Junior Colleges):

Wang Kaiwen (6G)

Merit Prize (Secondary Schools):

Lek Kai Jun (2C)

CREATIVE ARTS SEMINAR

Deng Jia Xuan (2C) was selected by MOE to participate in the seminar

BEE AND BOWL HISTORY CHAMPIONSHIPS
History Bowl Qualifying Team for Regional Championship in Phuket (Team)

Deng Jia Xuan (2C) Vernice Chua (3M)

Chong Pin Shin (2D) Lu Yixin (4M)

Overall 2nd (Middle School Bee)

Jonathan Lim (2B)

Overall 3rd (Junior Varsity Bee)

Lu Yixin (4M)

GREEN WAVE ENVIRONMENTAL CARE COMPETITION
2nd Placing (Team, Secondary Schools)

Tan Jia Yuan Janet (5A)

Zhu Ke Ying (5B)

Chua Micaiah (5H)

Lau Su Jun (5H)

Reen Ho Wan Li (5K)

Chen Xinyi (5M)

PLANNING A CLEAN AND GREEN TOWNSHIP: THE YOUNG MAYOR/ LEADER COMPETITION

1st Runner-up: Gan Jia Hui (5H)
Lau Su Jun (5H)
Heng Jie Min (5H)
Jong Ching Yee (5H)
Chen Ru Ting Jaslyn (5H)
Andrea Tan Li Yao (5R)

NUS GEOGRAPHY CHALLENGE

Silver Award: Quek Yi Yuan Sharlene (4A)

Bronze Award: Ng Li Xin (4A)
Tan Wan Yun (4A)

NUS GEOSPHERE ESSAY WRITING COMPETITION
Best Essay Submission

Tasha Yip Shuen Wen (6P)

Honourable Mention: Lim Hui Yi Jayne (6R)

NATIONAL I-TRAIL CHALLENGE

3rd (Team)

HARVARD MODEL UNITED NATIONS

Commendation Award in a field of 3000 participants
Eden Chua (5R)

27TH NATIONAL SERVICE LEARNING CONFERENCE IN MINNEAPOLIS, USA

Wong Jia Ying (5E) and Koh Xin Yi (5P) presented on RV's Y.LEAD Seminar

NATIONAL INTER-SCHOOL SOFTBALL CHAMPIONSHIPS

1st (A Division Girls)

NATIONAL INTER-SCHOOL WUSHU CHAMPIONSHIPS

2nd (A Division Boys)

3rd (A Division Girls)

4th (C Division Girls)

8 Gold Awards (Individual)

6 Silver Awards (Individual)

11 Bronze Awards (Individual)

14 4th Placing (Individual)

NATIONAL INTER-SCHOOLS BADMINTON CHAMPIONSHIPS

4th (B Division Girls)

WEST ZONE BADMINTON CHAMPIONSHIPS

1st (B Division Boys)

1st (B Division Girls)

2nd (C Division Girls)

3rd (C Divisions Boys)

NATIONAL INTER-SCHOOLS TABLE TENNIS CHAMPIONSHIPS

4th (A Division Boys)

WEST ZONE TABLE TENNIS CHAMPIONSHIPS

3rd (B Division Boys)

3rd (B Division Girls)

3rd (C Division Girls)

4th (C Division Boys)

WEST ZONE NETBALL CHAMPIONSHIPS

3rd (B Division Girls)

GIRL GUIDES – BEST UNIT COMPETITION

Puan Noor Aishah Gold Award

President's Guide Award:

Bernice Lim (4G '15)

NATIONAL CADET CORPS – BEST UNIT COMPETITION

Gold Award

NATIONAL CADET CORPS (NCC) OUTSTANDING CADET AWARD 2016

Master Sergeant Chen Zuo Hui (4G)

Master Sergeant Zoe Ang Jia Wei (4J)

RV NCC was the only school with 2 award recipients. We were also the only school that had an award recipient from both a boys and a girls unit.

NATIONAL POLICE CADET CORPS – BEST UNIT COMPETITION

Silver Award

Alyssa Phua (Valedictorian), Shaun Ang and Sim Zi Yang received the Pinnacle Badge of NPCC – the SPF-NPCC Badge

President's Guide Award

As a recipient of the 2015 President's Guide Award, I would like to share about my Guiding journey and encourage girls to embark on a journey of self-discovery and adventure.

Girl Guiding is a worldwide movement that prepares girls for life. It provides a safe environment for me to build up my confidence. When I embarked on the President's Guide Award journey, it was tough managing the uncertainties and complexities of the tests while juggling school work but my teachers, family and friends supported me.

The journey started with two rounds of individual interviews where I was tested on my knowledge of Singapore and the Guiding movement. What helped me get through these interviews was an advice that I heeded - to express my opinions confidently. In the next round of tests, I was tasked to plan a camp with nine other Guides from various schools. The passion for Girl Guiding bonded



us and enabled us to run an enjoyable three-day camp. The final round, the "Be Prepared" test, was the most challenging as I was given only two hours to generate solutions for the task but having practised using thinking routines in school, I was able to apply what I had learnt. With the help of two Guides from other schools, we conducted a presentation for the testers. In retrospect, I realised that it was important to be well prepared in order to overcome all challenges and nothing could stop me from proving my worth

except my own fear.

I would like to thank the school, subject teachers of 4G 2015, the Guiders and Guides, classmates and friends for their unwavering support. This year-long journey has helped me become a confident leader and team player. I hope that more girls can be a part of this movement to uncover their potential.

Bernice Lim (5H)

Representing the school and Singapore in WRO



World Robot Olympiad 2015

From 6 to 8 November 2015, three students from the RV Infocomm Club took part in the 2015 World Robot Olympiad (WRO) held in Doha, Qatar. This prestigious competition brings students from all over the world to compete in robotics. Participants had to build and programme robots based on a given mission.

During the competition, we had to work under stressful conditions as we had to think on our feet and solve the problems quickly. We also had the opportunity to exchange pointers with participants from other countries, which enabled us to gain insights into the construction and programming of our robots.

From this competition, we deepened our technical know-how and persevered despite the challenging circumstances and worked as a team. The competition was a fruitful and enriching experience for us, and RV Infocomm Club will continue to strive to achieve greater heights.

*Loh Teck Weng (3D), Yong Chen How (3G),
Tan Wern Kai, Elliott (3G)*



Fine-tuning the programme for the robot



The intense focus shown by the team while constructing their robot



立化辩论大家庭

精英杯亚洲中学华语辩论公开赛

黄丽晶 (5R)

2015年12月16日至12月22日，由马来西亚精英大学所筹办的第8届精英杯亚洲中学华语辩论公开赛，是我第一次参与的海外辩论赛。在为期七天的比赛里，从紧锣密鼓的前期准备工作一直到场上的唇枪舌剑，这一切都让我记忆犹新。

此次比赛仿佛为我开启了辩论世界的新大门。“精英汇聚，辩动亚洲”，来自不同国家、不同学校的顶尖辩手都在此一决雌雄。作为一名辩手，能够在国际比赛中与世界各地的队伍交锋，是磨练自己的最佳时机。各个风格迥异的辩手，也都有值得我学习的闪光点。循人中学戴俊和的沉稳大气、高雄女中曾维翎的牙尖嘴利、学长瞿文瑞的临危不乱，都让我钦佩不已。能够目睹众多优秀辩手在场上厮杀，是非常难得的机会。在比赛和场下观摩中，评审们一针见血的点评，也促使我改进自己的缺点。这一切，对于我个人的成长，都是极其有益的。

在这次的辩论赛中，我们讨论过许多我们不曾接触过的课题，例如：陪审团制度、孤独与贫穷、恋爱课题、科学与宗教，甚至是高二年级选修经济才会学到的固定汇率制。在准备这些辩题的过程中，我们除了要在短时间内阅读大量资料，也得不断思考当中的问题，努力拓宽自己的知识面，锻炼自己的逻辑思维。

这一路走来并不容易。模拟辩论赛、赛前讨论、比赛中的紧张交锋，赛后的情感释放……这次的精辩之旅给了我很多宝贵的回忆，让我对辩论有了更深刻的体会和感情。能在高手如云的亚洲队伍中杀到八强并不简单。感谢老师、教练的付出以及队友的陪伴。我真的为立化辩论队感到自豪。希望未来我们能让更多人在更多的国际舞台上看到立化辩论队的身影，听到更多我们的声音！

International Science Youth Forum

From 17 to 21 January 2016, three Year 5 students participated in the International Science Youth Forum @ Singapore, which saw the congregation of over 150 delegates and educators from 19 countries. The theme of this year's forum, "Communicating Science", was conceptualised to encourage participants to explore the importance of Science as well as ways to effectively convey the wonders of Science to the masses.

One of the highlights of the event was the interaction with renowned Nobel laureates and eminent scientists. In the Nobel Forum, the laureates shared their opinions on scientific communication and discussed how the scientific community could improve their outreach in the age of new media. The masterclasses conducted gave delegates a deeper understanding of the laureates' research work and the application of their discoveries, while the dialogue session offered insights into the scientists' personal lives and their passion for science.

This forum was truly an eye-opening experience as like-minded youths from diverse cultures forged strong friendships. Appreciating and exploring science together have inspired us to continue working hard to contribute to science research in the future.

Lim Yuhua (5D), Stefan Liew Jing Rui (5E) & Daryl Tai (5F)



do more
feel better
live longer



精英汇聚辩动亚洲



上场前的鼓励



Harvard Model United Nations

From 23 January to 2 February 2016, a group of five Year 5 and 6 students embarked on a trip to New York and Boston, with the joint purposes of learning more about international diplomacy first-hand and participating in the Harvard Model United Nations (UN).

We gained a deeper understanding of the UN's role in maintaining world peace and what we could do to contribute to the initiatives of the UN during our guided tour at its headquarters in New York. We were fortunate to observe a meeting conducted by the Economic and Social Council. After that, we attended a dialogue session with Singapore's Deputy Permanent Representative to the UN, Mr Joseph Teo, where we learnt about Singapore's role on the international stage and developed a deeper appreciation of what Singapore has achieved over the past 50 years.

In addition, through visits to the 9/11 Memorial and the West End Museum, we learnt about religious fundamentalism and the growth and

problems of the global economy. We realised that there may not always be a definite answer to tackle some of the most pertinent issues that affect society. For example, at the West End Museum, we left wondering if it is justified for a government to evict people from their houses in order to redevelop the area for the betterment of the country.

At Harvard Model United Nations, we experienced first-hand the complexity of policy-making through negotiations between countries that held highly diverse views. We gained deeper insights into the diversity of perspectives and interpretations of global issues through the conference. In the process, we also interacted with participants from around the world, thereby placing us in good stead to venture out into an increasingly globalised workplace.

All in all, it was an enriching trip that we are grateful to have been given the chance to experience.

Eden Chua (5R)



A group photo with Singapore's Deputy Permanent Representative of the United Nations after the in-depth sharing.



Delegates engage in active discussions to solve critical problems in the world.



SYPT 2016
Cat A Team 2

Singapore Young Physicists' Tournament

On 30 January 2016, Nobel Ang (5N), Elaina Ong (6E), Lim Ziyun (6F), Wu Duoduo (6F), Lin Yuheng (6G) and Yong Jian Rong (6J) represented the school in the Singapore Young Physicists' Tournament 2016 Category A Finals. Through 'Physics Fights', we had the opportunity to critique novel experiments and discuss abstract concepts in Physics. Some of the interesting phenomena investigated and debated include the formation of frisbee vortices when plates are pulled through water, water waves that can reverse their expected direction of flow - potential "tractor beams", and magnetic-driven trains using just wires, magnets and batteries.

The intensive preparation for the competition started in November 2015 with both RVHS teams qualifying for the Finals. We spent many days analysing theory and experimental results, deriving explanations and forming conclusions, before engaging in scientific debate and challenging experimental procedures. This process made us realise that it was more than just a competition. In fact, after the 'Physics Fights' on the day of the competition, it was heartening to see all of us, including competitors from other schools, continuing the discussion to deepen our understanding of physics. We certainly felt the true spirit of being a scientist - seeking explanations for the betterment of people's understanding and not for fame or prestige.

Yong Jian Rong (6J)

NATIONAL i-TRAIL CHALLENGE

The National i-Trail Challenge (NiTC) was held last year to encourage participants to create SG50 i-Trails for the public. Our team, The Heirs, created an online Trail entitled "The Bay Waters" for Telok Ayer on the SG50 application, in accordance with the theme "The Singapore Heritage: Pride in our past, Legacy for our future for SG50".

As this competition spanned two years, it was not easy juggling our numerous commitments – conducting research, editing the app and coping with our studies. It was also challenging to create a trail that was interactive and exciting for our users, who learnt about the rich history of Telok Ayer by completing activities on the application such as pop quizzes.

Despite these challenges, we ploughed on and clinched the 3rd position nationally. We are proud to have contributed to Singapore in her Jubilee year and helped more people to appreciate her history.

Tiffany Foo (5S)

The team



Presenting the trail to judges during the finals



Student Industrial Internship Programme at the Danish Hydraulic Institute

A group of six Year 4 students from The Eco-Sustainability Leaders Academy (TESLA) completed an internship at the Danish Hydraulic Institute (DHI) at Cleantech Park during the November holidays. Through this two-week stint at DHI, we had a glimpse of research work done behind-the-scenes and found out more about the career opportunities in the field of eco-sustainability.

During the internship, my group was tasked to investigate the impact of air pollution in Singapore. The project provided a unique learning opportunity for me to conduct environmental mapping and risk analysis using a software named Arcmap. The process was enriching as I learnt to solve problems analytically and creatively.

In addition, the internship allowed me to better understand the workplace culture, environment and expectations. By interacting with the DHI staff and attending weekly meetings, we were inspired by the DHI staff's passion in the field of eco-sustainability.

On the whole, the internship has broadened my horizon by allowing me to explore my interests. I highly recommend this programme to my juniors who are interested in making a positive impact on the environment.

Branden Chua Qi Yu (4A 2015)

Students with their DHI mentors



Students presenting their project findings on terrestrial species

RV-GSK Student Industrial Internship Programme

From 7 to 11 December 2015, a group of fifteen Year 6 students served an internship at GlaxoSmithKline (GSK). During the one-week internship, students learnt about drug discovery, development and manufacturing.

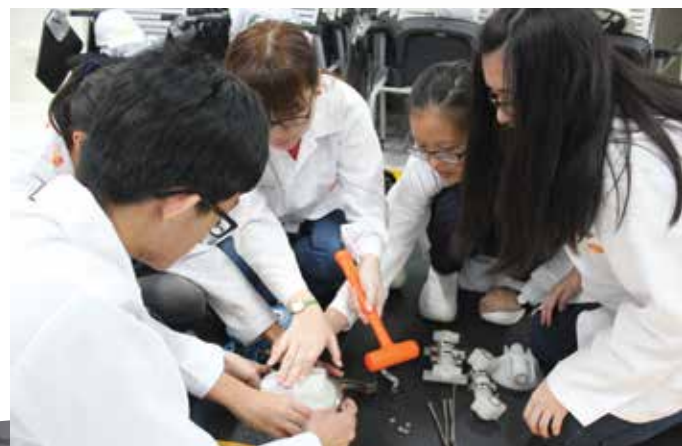
Through production plant and laboratory tours, presentations by employees from the different departments, as well as some hands-on experience, we obtained a comprehensive understanding of the production processes and the roles of each department.

Besides this, the GSK staff readily provided advice for the aspiring chemists and chemical engineers amongst us. The passion for their work has inspired us to pursue our interests in the pharmaceutical field.

The internship at GSK has also allowed us to better understand the values that the company upholds – continual improvement and personal accountability. These values are not just important for work ethics but are also applicable to our daily lives.

All in all, we were thrilled to have the opportunity to visit a pharmaceutical giant like GSK and found the whole experience interesting and eye-opening.

Gan Ru Wen Cheryl (6K 2015), Rachel Genevieve Law Rui Qi (6N 2015)



Students constructing the components of a plant



GSK staff explaining the workings of the pumps in a plant



Engaged in a selection of components to be installed in the plant.



Students undergoing a simulated emergency exercise

Internship at the Internal Security Department

"The more you know about the past, the better prepared you are for the future"

- 26th President of the United States of America, Theodore Roosevelt

During my internship at the Internal Security Department (ISD) from 9th to 20th November 2015 along with seven Year 3 RVians, I learnt more about threats which could tear our social fabric such as the Maria Hertogh racial riots. The damage caused and the sacrifices made served as grim reminder that the peace that we now have is hard-fought and it is important that we stand united with other races. We had the opportunity to visit the Police Heritage Centre which helped me to better appreciate our dependable police force as it plays a significant role in the country's internal security. By learning about the various dangers faced by Singaporeans in the past and the different aspects of national security, I saw the need for Singaporeans to stay united and protect the country in the face of threats.

Xie Yuxuan (4C)

著名音乐制作人许环良回母校开讲

姚进顺(6P)

今年正值我校60周年校庆，新成立的双文化学研中心（Bicultural Academy）很荣幸邀请了许环良校友回母校，担任“名人名家系列演讲”的第一位演讲嘉宾。

许环良是立化杰出校友，毕业于70年代末，是华语流行音乐乐坛最具影响力的人物之一。林俊杰、陈洁仪、阿杜等本地著名的歌手，就是由许环良亲手培养并捧红的艺人。许环良目前在中国发展流行文化事业。身为奇大音乐创始人的他，正密切探索音乐产业在互联网的时势变化。此次讲座以《中国流行文创产业的机遇与挑战》为题，深度分析现今中国流行音乐市场在互联网时代的发展与变化。

许环良校友也偕同另外两位校友张思尔先生和邱意淋小姐，一同回返母校与同学们交流。张思尔是本地歌词创作人，邱意淋是一位优秀的词曲创作者兼独立音乐人。邱意淋也是我校60周年主题歌《青春彼岸》的创作人。

中国的音乐市场具有巨大潜力，正等待开发。许环良在讲座中阐述中国音乐市场的变化，那就是目前在中国榜上有名的红歌手不再由港台歌手占据，反而是中国本地歌手占多数。这样的现象，许环良称之为音乐界的“改朝换代”。同时，他也给大家分析了华文歌手在中国市场的知名度，以及促成其

人气和受欢迎程度背后的种种原因。

许环良校友演讲风趣幽默，观众席不断传出笑声。演讲结束后，他也邀请张思尔和邱意淋校友一同上台与大家交流。学生们都踊跃发问，而校友们也十分耐心地解答学生们的每一个问题。他们都非常乐意与大家分享自己在音乐界里所累积的丰富经验。

通过此次讲座，同学们更进一步地认识了许环良校友。这次的活动让大家获益不浅，学习到许多有关中国流行音乐的知识，也激励大家要勇于追求自己的梦想。

最后，身为知名音乐人的许环良校友也不忘给那些想要踏入音乐圈的同学提一些忠告：

第一，活在当下的互联网时代，你必须先从网上饥渴地收取所有可以丰富自己音乐素养的资源，比如吸收过去50年的音乐经典作品、掌握至少一样乐器、探索词曲创作、学习唱歌技巧等等。第二，交朋友组乐团玩音乐，参加各种表演累积经验。第三，准备好了，就把作品交到有能力栽培你的人或公司，比如奇大音乐。

相信以上三大忠告必能让想要踏入音乐界的同学们受益良多。让我们一起为自己的梦想奋斗吧！

三名校友的分享让大家获益不浅



校友们积极回应同学们的发问

双文化班北京、承德、西安浸濡

李译颀 (5P)

与北师大附中师生合影



第一次包饺子



立化学生为北京农民工子弟学校红旗小学的小学生上课



2015年11月4日到12月5日，我们双文化班的学生到中国北京和西安进行了长达32天的浸濡活动。

在北京，我感受到了中华文化的博大精深和老北京生活的悠闲自在。长城的壮观令我赞叹中国古代劳动人民的智慧与辛劳；圆明园的荒凉令我感受到了巨大的视觉冲击和心灵震撼；乘搭三轮车让我体验到了老北京胡同舒畅惬意的生活；农民工子弟学校更是带给我了不一样的感动。

接下来，我们去了承德。承德和北京给我两种完全不同的感觉。一个是繁忙都市，一个是悠闲小城。承德著名的避暑山庄是清代皇帝夏日避暑和处理政务的场所。虽然我们去时是冬天，但依然可以感受到这所帝王宫苑设计的精美。从远处看，避暑山庄就像一列小长城，在赞叹它壮观与不可思议的同时，我也非常钦佩古代人的心灵手巧。

最后，我们去了中国四大古都之一的西安，体验了中国源远流长的历史。汉阳陵和乾陵修建得十分漂亮得体，让我们感受到了古代帝王陵墓的壮观。兵马俑里每一个俑的身形、神态都有所不同，不禁让人感叹古代工匠的心灵手巧。革命圣地延安记载了中国数十年的抗战历史，抗战英雄和领导人吃苦耐劳、为国家奉献的精神令人由衷钦佩。

总的来说，这次的双文化浸濡令我收获良多，对中国古代、近代和现代的发展都有了深刻的了解。

初冬的雍和宫，金黄色的落叶遍地，景色迷人。



Economics Overseas Experiential Learning Programme (OELP) to Hong Kong

We often compare Singapore and Hong Kong, two Asian Tigers with similar sizes and economic systems. To deepen our knowledge of both economies after learning about Singapore's housing, foreign exchange and rail transport, 19 of us attended a 4D3N experiential learning programme in Hong Kong on 24 November 2015.

The highlights of the trip included visits to the Hong Kong Monetary Authority and the Hong Kong Housing Authority. The talks held at these places allowed us to acquire critical knowledge of the intent of the policies and how they have evolved over time. In addition, we visited the Ocean Park Corporate Unit and a key MTR control station to better understand the theme park industry and the rail system in Hong Kong. The evening lessons during this trip were meaningful

as we consolidated our learning and clarified our doubts.

The programme ended with a student exchange programme with Chiu Lut San Memorial Secondary School where students from both sides presented their government policies and engaged in a discussion on the differences in policies. From the discussion, we not only gained a better understanding of the two countries but also forged precious friendships.

All in all, this trip was indeed memorable and it heightened our interest in Economics. We were truly privileged to be part of this fulfilling trip. We look forward to sharing our learning through our upcoming exhibition and seminars.

Jasmine Liew Yee Theng (6H), Lee Ying Hui Grace (6Q)

Exchange of ideas between students from both schools



Group Photo at Chiu Lut San Memorial Secondary School



Presentation at Hong Kong Housing Authority



Group Photo at Hong Kong Ocean Park



Group Photo at Hong Kong Monetary Authority





Down to earth farming

Learning Journey to the Vegetable Farm for Values in Action Leaders

On 22 February, the Y1 Values In Action (VIA) leaders had the opportunity to visit Kok Fah Technology Farm to experience the entire process of farming vegetables, which included the seeding process, transplanting of the germinated seeds and harvesting the vegetables.

At the start of the seeding process, we saw how a machine layered the seed trays with seeds, eliminating the process of sowing the seeds manually. After that, the seed trays were carried to a greenhouse nursery for the seeds to germinate. We were very fascinated by the process as the farm made use of advanced technology and we never thought that this could be a way to plant vegetables.

After that, we headed to the cultivation field where we participated in a hands-on activity – the transplanting of the

germinated seeds. All of us had a chance to place the seedlings into the soil under the guidance of our friendly farm guide. Finally, our farm guide showed us how to harvest the fully grown vegetables. We paired up and worked together to uproot the plants.

This VIA activity was certainly an enriching one. We developed a deep sense of respect for the farmers who put so much effort into caring for the vegetables and the back-breaking work that they have to do, and we realised that it is important not to waste food. Being able to attend this VIA learning journey before guiding our classmates on our VIA project makes it all the more meaningful.

Yong Kai Qing and Fiona Ng (1A)

Harvesting the crops



Seeding with automated machines!



Ready to harvest!



We have green fingers!



Culminating activity - doing up the class collage of 1J



Year 1 Personal Leadership Programme

During the Year 1 Personal Leadership Programme conducted in the Educators and Connectors Week, the Year 1 students had a lot of fun participating and learning about values such as perseverance during the values-based lessons and activities.

From the module on The 7 Habits of Highly Effective Teens, I learnt how to be proactive, to begin with the end in mind and to put first things first. In the Positive Social-Emotional Well-Being module, we were taught self-acceptance, positive thinking, stress management and building positive relationships. Learning about stress management was especially helpful for many Year 1s who were not used to the increase in school homework and longer school hours, and we learnt to embrace a more positive mindset.

The Personal Leadership Programme was not only meaningful but activities also allowed us to bond as a class. We definitely learnt a lot and we hope to apply the skills that we have learnt in our daily lives.

Loke Mei Qi Jessica



Mr Ng emphasizing the importance of the 7 habits



Learning about RV History and Heritage

Year 4 Education & Career Guidance Week Programme

River Valley High School's signature Year 4 Education & Career Guidance (ECG) Week Programme is designed to inculcate in students an appreciation for different occupations and the complex challenges that different career paths hold.

This year, the theme was "Play, Purpose and Passion" and there was a plethora of interesting activities organised for them. At the start of the week, all students sat for the Myers-Briggs Type Indicator (MBTI) assessment and learnt more about how their individual personalities and preferences can possibly influence their choice of future careers. Representatives from five different industries—Health, Business, Marketing and Management, Communications, S.T.E.M and Law, Public Safety, Corrections and Security — provided clarity on the job requirements and challenges of these sectors. This year, the students also went through an Etiquette and Grooming Workshop where they learnt how to project a professional image when conducting interviews and visiting various professional workplaces.

Throughout the week, students spent their time constructively by participating in learning journeys to 12 different organisations such as Edible Garden City, Singapore Press Holdings (Digital Media) and Singapore Land Authority. To deepen their understanding of the career landscape in Singapore, they also sourced for and conducted interviews with professionals from various industries such as medicine, engineering and communications. In the evenings, the students held small group conversations with university undergraduates and working professionals. The casual, small-group "fireside chat" setting helped them to be less inhibited and they were free to ask as many questions as they wanted.

The students might not have decided on a future career path, but these experiences certainly taught them much and developed their appreciation for the value of work.

The HECGS Committee



Enjoying a conversation with a Fireside Chat guest



Attending a career talk to learn more about the Singapore Prison Service

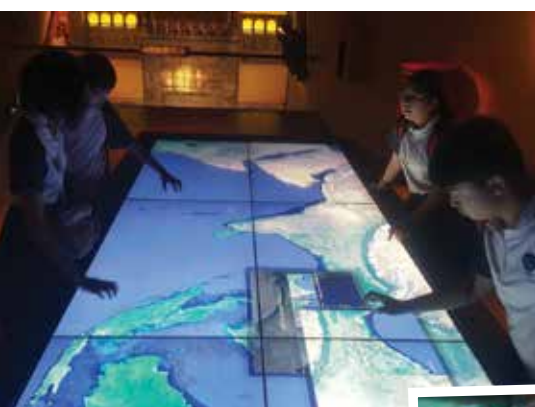
Cultural Heritage and Aesthetics Programme

During the Cultural Heritage and Aesthetics Programme held in the Educators and Connectors Week, Year 2 students visited Little India, Kampong Glam and Katong to broaden their understanding of the Malay, Indian and Peranakan culture. This also gave them the opportunity to interact with people of other races.

Apart from the learning journeys, students attended art and music modules where they learnt about Batik, Wayang Kulit, traditional games, Malay dance, Indian music and played the Kompang and Angklung. They consolidated their learning through presentations and reflections on the importance of racial harmony.

The activities have enhanced their understanding of other cultures and the importance of embracing and respecting cultural differences. It was a great way to remind them how to conduct themselves appropriately when they interact with other races, especially since Singapore is a multi-racial society.

Chan Xin Hui and Ho Yu Han (2G)



Heritage Center



5 stones



Learning to wear a sari



Gasing



Batik Painting done by the students

同学们沉浸于的《棺材太大洞太小》的演出中

积极讨论戏剧小品

喂！你找谁？



Year 3 Oracy Programme

For many students, public speaking can be daunting. To help our Year 3s build their confidence, our school conducted an oracy programme during the Educators and Connectors week. Through interactive games, sharing of public speaking tips and techniques, students were able to hone their oratorical skills in both languages. The effective use of videos helped them to deepen their knowledge and understanding, and they were also given opportunities to apply the skills they have learnt by preparing and delivering a speech in class. The Oracy programme was certainly an effective and fruitful one for the Year 3 students.

Ethan Sun Bai Zhen (3E)

中三学生初探戏剧、剧场与新闻制作

叶品莹(3M) 黄天闻(3C) 陈嘉瑞(3C)

我校在第一学期的探索与学习周为中三学生安排了三门不同的课程：戏剧、剧场和新闻制作供学生选择，旨在通过有趣的方式来训练学生的口语能力。

戏剧初体验

戏剧经验丰富的陈国华先生透过绘声绘色的描述，分享了戏剧的各种形式以及它们之间的差异等，同时也根据他本人的演戏经验，传授我们演戏技巧，包括如何酝酿情绪以及揣摩角色，使我们学习到如何更完美地诠释角色。

人生如戏，戏如人生。他强调，演戏固然需要灵魂的注入，但最重要的还是要区分真假，要投入角色的同时又能抽离角色。这宝贵的经验中，让我们有了更深的启发，解开了我们对戏剧表演的一些迷思。

剧场为何物？

这一次的体验颠覆了我对剧场的刻板印象，这一切由老师展示的一出台湾无人剧场开始。原来没有服装、道具，甚至由观众来参与剧场都是被允许的。

通过老师介绍的“六帽思维法”，我们学会了从不同的角度看待一个问题，颇有“山穷水尽疑无路，柳暗花明又一村”的感觉。

这两天的学习教会我们不要只是默默地扮演已有的角色，而是要打破规则，跳出框架，这样才能够重拾天马行空的想象力。

新闻突击队

通过这次课程，我了解到新闻的制作分为六个循序渐进的过程，从新闻线索到策划准备、现场采访、摄像、后期编辑和播报，每个过程都十分重要。我们学到了如何以最简洁、直接的方式设计采访，通过理论和实践学会了如何有效实行这些过程。我们也在校内进行了实际采访摄像，并成功学以致用剪辑了采访视频。当我们精心完成的视频进行展示时，我们都为彼此的成果感到骄傲，毕竟那是丰硕的果实。



Presentation of the novel floodwater management system to DPM Tharman Shanmugaratnam



The TESLA team at World Water Day



(Hougang ABC Launch) The popularity of the mini rain gardens kept our TESLA members busy

As members of The Eco-Sustainability Leaders Academy (TESLA), we undertook the task of educating the public about Singapore's water security issues during World Water Day 2016. We shared about rain gardens, a form of floodwater management, and conducted a hands-on tutorial on making a mini rain garden for the participants to take home.

We had a fulfilling experience as we had the opportunity to interact with people of all ages and from all walks of life. We had

to devise ways to engage the children and put our Chinese Language to good use when speaking to the elderly participants. We even had the opportunity to interact with the Guest of Honour, Deputy Prime Minister Mr Tharman Shanmugaratnam, and the Public Utilities Board (PUB) officials as we guided them through the process of making a rain garden.

We were also invited by PUB to support the Active, Beautiful, and Clean (ABC) Waters ground-breaking event where three

water projects for the Hougang residential area were unveiled. While we taught the Hougang residents about rain gardens, we were also given the chance to learn more about the various ABC Waters programmes.

It was an eye-opening experience as we learnt a lot from the distinguished guests who shared their opinions and insights on Singapore's water security issues, and we were happy to be able to contribute meaningfully to the community.

Branden Chua (5J)

MP Mr Patrick Tay taking a walkabout of the event with the student organising chairperson

Boon Lay Countdown 2015

During the December holidays, a group of us collaborated with the Boon Lay Constituency and Boon Lay Community Centre to plan and organise the 2015 Boon Lay Countdown.

It was a new experience for us as we had to plan a large scale grassroots event from scratch. We had to source for interesting games and activities to engage residents of all ages. There was piñata and life-sized bowling for children, chapteh and soccer for families, and some of our RVians shared the stage with fire-eaters and a snake-charmer. The highlight of the countdown was the retro dance performance by our Year 5 students, alongside celebrities like Carrie Wong, Tosh Zhang and Wang Weiliang. The night ended off with Member of Parliament for West Coast GRC (Boon Lay), Mr Patrick Tay, counting down to the start of 2016 with the 25000-strong crowd, followed by a stunning fireworks display.

The Countdown was a memorable experience and with invaluable guidance from the grassroots leaders, we have certainly picked up many valuable learning points and life skills.

Carrissa T Ng (6F)

RV student volunteers helping to ensure that everyone is able to enjoy the night



Engaging Boon Lay families in traditional games



Events and Activities: Co-Curricular Activities Curriculum (CCAC)

Year 5s & 6s singing Weep O Mine Eyes



Grand Finale
- The music is
always there
with you



Junior High choir
performing 'Aladdin'



RVHS-DHS' performance -
'Swingin' with the Saints'

Take Up The Song

The song "We Wish You a Merry Christmas" marked the end of our biennial concert with the choir from Dunman High School.

What we gained from this collaboration was more than the heartfelt music and a great concert night; it was also the result of our hard work and perseverance. Performing with another choir was no mean feat especially when we had only three combined rehearsals. Despite these challenges, we pulled through and forged stronger bonds with our peers.

We are immensely thankful for the guidance of our conductors, our supportive teachers, the school and every chorister who has been a part of this journey.

RVHS junior and senior high choir

Pioneer team
that came back
for rehearsal



Performance by the RV Guitar Ensemble

The RV Guitar Ensemble put up an impressive and commendable performance during the RV60 Homecoming Concert. A total of 19 songs were performed, ranging from classical music to contemporary pieces. The audience enjoyed themselves thoroughly, with many of them humming the songs and grooving to jazzy pieces such as 'Fly me to the moon'. Their appreciation for the guitarists was evident from the rousing applause at the end of the concert.

What was more noteworthy was that many ex-members of the ensemble returned to support their juniors. They took time off their busy schedules to rehearse several pieces and performed them during the concert. Most notably, playing "Smooth Criminal" -- a song which the ensemble performed during

the 2014 Arts Fest concert - brought back many fond memories for junior and senior members alike.

In all, the RV60 Homecoming Concert was a heart-warming experience. Despite the intensive rehearsals, the ensemble had a fruitful and fulfilling time. It was gratifying to note that the hard work put in culminated in a successful and memorable performance for many. More importantly, it provided a platform for the ensemble to forge stronger bonds through this collective experience, enabling them to move forward as a team. As such, the ensemble would like to express their gratitude to the school, their seniors, as well as their instructors and teachers-in-charge for their patient guidance.

Ms Lee Wei Min and RVGE Leaders



Student Leadership Trip to India



Having a friendly basketball game with the students of DRS International Jawa

In November 2015, 20 selected student leaders embarked on an experiential journey to Hyderabad, India. The highlight of the trip was a one-day-exchange at DRS International School, Hyderabad. The enthusiastic exchange of ideas during a "Theory of Knowledge" lesson inspired us to adopt a positive attitude towards learning and question the assumptions we make. During the Leadership Symposium, we discussed various aspects of leadership and shared our experiences in organising big-scale events. We gained valuable insights from the interactions and had a better understanding of India's education system.

We were also privileged to visit Ascendas, a Singapore-based firm and ZenQ, an Indian firm in the HiTec City. Through our interviews with the directors of the respective firms, we learnt that the secret to their success was to be attentive to their clients' needs and adapt to the ever-changing volatile

business climate. We were also proud to discover that India holds Singapore in high regard and that has brought many benefits for Singapore - based companies and investors. We also realised that this partnership relationship now might prove to be Singapore's economic rival in the future. It is thus crucial for us to innovate and maintain our competitive edge.

Through this trip, we learnt about the way of life in India and its culture, and we gained many new perspectives. By interacting with the locals, we have also experienced their hospitality, service-friendly attitude and learnt to reciprocate it. Although it was a mere five-day trip, we managed to observe and learn about the many facets of Hyderabad, and take away important learning points which inspired us to become better leaders.

Ho Shi Xian (6J)



Conquering the Golconda Fort



At the top of Hi-Tec city of Hyderabad, overlooking the various start-ups managed by Ascendas.



Attending a lesson with our Indian counterparts

Singapore-Indonesia Student Leaders Adventure Camp

From 8 to 11 November last year, ten student leaders from the Year 3'15 cohort represented Singapore at the 9th Singapore-Indonesia Student Leaders Adventure Camp (SISLAC) held in Bandung, Indonesia. River Valley High School was very fortunate to be selected as one of the four schools to represent Singapore at the leadership camp. The theme of the camp was 'Making Friendship, Playing and Synergising with Culture', and it aimed to develop leadership skills in young student leaders from both countries as students are encouraged to respect the diversity of cultures while deepening their insights, knowledge and experience of the rapidly evolving globalised world.

This trip was an eye-opener for all of us, as we had the opportunity to witness and engage in a rich variety of cultural practices that are not easily accessible to the average Singaporean student. The exploration of a different culture and lifestyle was definitely one of the most interesting aspects of our trip. We got to learn about and experience the rich Indonesian culture as we were exposed to the ancient Indonesian art of shadow-play, the Wayang Kulit, as well as the Tavip Kulit, where puppets were made of recycled materials. One of the highlights was also the mass Angklung performance

by all 84 Indonesian students and teachers.

In addition, Indonesian student leaders had an admirable never-say-die attitude that never failed to leave us in awe. They appreciated the opportunities presented to them during the camp and were extremely hospitable to all their guests, making us feel at home from the very moment we arrived at the airport.

Other than interacting with the Indonesian student leaders, SISLAC also provided the platform for us to work with Singaporean student leaders from other schools. From the pre-trip preparation sessions to the short stay and cultural exchange during the trip, strong bonds were forged. The collaboration facilitated a healthy exchange of ideas which enabled all of us to put up a memorable mass performance for our Indonesian counterparts on our last night - the Cultural Night. All these friendships forged throughout the trip would definitely be treasured by all of us and we look forward to future collaborations!

Tan Si Qi (4J)

Hands-on experience while learning about the Wayang Kulit!



Morning mass exercise at sunrise



Finale performance by Singaporean student leaders!

We printed our very own t-shirts!



Handmade pots by SISLAC participants

立化家庭日

(家庭日筹委会)

2015年10月10日，共计21个家庭参加了立化学生理事会与家长教师联谊会联合举办的一年一度的家庭日。这次活动的主题是《家 - 心之所属》，主要目的是为了促进立化学生与父母之间的关系，通过各式各样的活动，增进家人之间的理解与信任。

这次的家庭日在MOE Labrador Adventure Centre举行，大家参与了各式各样有趣的活动，比如高空绳索挑战、趣味竞速赛和嘉年华游戏等。夜幕降临，我们回到立化校园举行了别开生面的家庭之夜晚会，家长与孩子们共同参与了趣味游戏，最后大家一起合唱《细水长流》《感恩的心》等经典的歌曲。这些活动都让父母与孩子们更加的了解对方。

最让我们感动的是，尽管家长们很疲惫，依然无微不至地照顾好自己的孩子，而在过程中，孩子们也渐渐地学会了感恩和体谅父母。当我们看到每个人脸上的笑容和听到他们对筹委会的感谢时，这令我们感到非常欣慰。虽然我们在筹备这次家庭日的过程中，花费了很多时间和精力，也碰到不少困难，但是我们觉得这一切的付出都是值得的。

我们非常荣幸能够主办这次的家庭日活动。通过这次宝贵的机会，我们学到了团队精神的重要性，只有通过密切的合作，不懈的努力，才能取得成功。我们也要感谢指导老师和家长教师联谊会的家长们对我们的关怀和指导，以及在整个筹备过程中给予我们的支持与鼓励。这次的活动虽然只是为了增强家庭凝聚力迈出一小步，但我们希望能够带给每个家庭一次难忘而美好的回忆。

家长无时无刻地呵护孩子



2015年
家庭日
圆满结束



大家期待已久的家庭之夜

The Time Traveller's Night

"The Time Traveller's Night" – the Year 6 Prom celebrated by the Class of 2015 last December was one of nostalgia, reminiscing fond memories and celebrating long-lasting friendships. The seniors appeared in their dapper suits and elegant gowns, ready to take on the night ahead.

Good food aside, many wonderful performances put up by the talented graduates delighted the ears of those listening, as various games and the lucky draw kept them entertained. The Prom Title Awards put a smile on the faces of the seniors as they cheered one another on, seen especially during the crowning of the Prom King and Queen, who were met with an uproar of cheers. Photos were taken and clicks resounded through the ballroom; the seniors eager to capture memories with their friends and teachers.

As the night drew to a close, many seniors toasted to the unforgettable friendships and memories they made throughout their six years in RV. While this chapter of their lives might have come to a close, a new one starts... As the seniors take on new challenges and explore new environments, we would like to wish them all the best in their future endeavours!

Chin Suet Khay Zoe (6C)

Chairman, Organising Committee of Prom Night 2015



Seniors capturing the moment



Seniors looking at their Instantprints



Performance by The Geek Crew



Cheers to our friendship



Prom King and Queen of the Class of 2015



The Best Dressed strutting their stuff

Strangers when initiation first started, close acquaintances by the end of it.

The 2016 RV Initiation was held on the first day of school to help the new Year 5 students transit seamlessly into their JC life, aiming to reduce their apprehension for JC and manage their expectations of an exciting phase of their life in school. Through a meticulously planned seminar and dialogue session with Year 6 seniors, the students received sound advice on how to prepare themselves for their JC journey.

Besides the meaningful sharing, the organising committee also planned some light-hearted activities for the Year 5s to be engaged in so that they can bond with their new classmates. Guided by their Year 6 facilitators, new friendships were established quickly along the way as they conquered various game stations in RV's special Amazing Race.

At the end of the initiation, the Year 5s sealed their hand-written letters to their "future self" in a time capsule which will only be opened two years later. These letters carry the hopes and aspirations that the newly inducted Year 5 students have, big or small, marking the beginning of their JC life.

Initiation 2016 was organised by the 22 Cabinet Council nominees who worked together for the first time. Despite being Year 5s themselves, they selflessly planned and executed the tailor-made programme which they wanted for their batchmates. On the whole, the nominees had fun and felt fulfilled as they had successfully conceptualised, designed and conducted the event.

Seeing how enthusiastic the students and organising committee members were, this initiation is certainly an unforgettable and interesting start to their JC life.

Vicky Liu (6J)

Student Advisor to the Organising Committee

Y5 Initiation



Walking together into the new exciting phase of JC life in RV



Interaction time with form teachers



The test of teamwork starts here



Year 6s sharing their insights on JC life

中一们把自己的梦想写在纸飞机上，
希望自己的梦想终究会起航

2016 中一迎新会

关宇恒 (3B)

今年一月，学生理事会为2016年的中一学弟学妹们举办了长达四天的中一迎新会活动。今年迎新会的主题是《爱我立化·梦想起航》。希望新生们通过由筹委会所举办的各项活动，能够建立新友谊，尽快融入立化大家庭，为学习生涯的新阶段做好心理准备。

开学的第一天，活动的主要目的是能够让学弟学妹们认识立化，熟悉新的环境，了解校史与校歌。在这一天，中一们也在破冰游戏中，与级任老师互动。在第三周，中一新生便迎来了精彩纷呈的三天露营活动。在这三天中，我印象最深刻的活动应该算是最后一天的“梦想飞翔”节目。中一新生们把自己的梦想写在五颜六色的纸上，并一起放飞这些承载着自己梦想的纸飞机。我看到每个人的脸上都挂着灿烂的笑容，大家自豪地喊出“梦想起航”。此时，我感同身受，希望他们的梦想犹如这些色彩缤纷的纸飞机一样，能够一帆风顺地飞向远方。

除此之外，当小组长带领大家做反思网时，大家围在一起，肩并肩，一同唱起《立化情》，一股暖流涌上我的心头。中一新生，彼此从陌生人，都变成了无所不谈的好朋友。这个场景，让我回想起两年前的我们。我相信大家都理解了《立化情》的真正含义。这三天的点点滴滴，一定会成为中一新生难以忘怀，最宝贵，最美好的回忆。

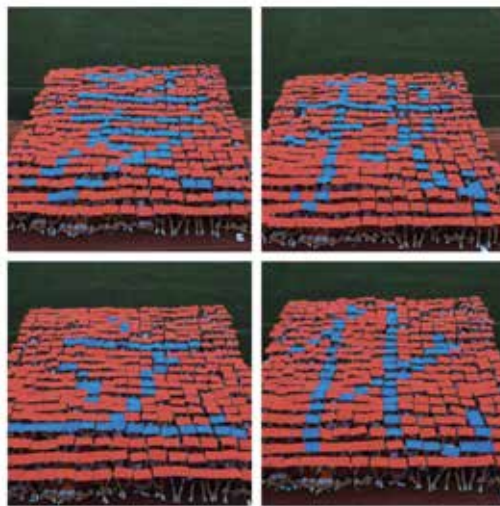
迎新会的结束代表着中一新生在立化学习生涯的开始。身为筹委会的一员，我深信学弟学妹们能够在立化享受这六年的旅程，找到属于自己的方向，勇敢地追随自己的梦想。这段路虽然不简单，但有了老师们的鼓励和同伴们的陪伴，他们一定会找到自己的未来，梦想一定会起航。



级任老师与
中一新生互动



爱我立化



中一们高声欢呼，踊跃
参与筹委会举办的节目



Team Leadership Training Camp

Cheering with One voice



Writing notes of appreciation

From 16 to 18 November 2015, the Student Council organised the Team Leadership Training Camp (TLTC) for RVians and students from three other schools. This camp focused on helping student leaders acknowledge their differences and align their strengths so as to work effectively as a team.

The Team Leadership Training Camp was a refreshing experience for all organising committee members, facilitators and participants. The TLTC's aim was to provide an engaging platform for our participants to acquire leadership skills through authentic activities. In order to create an engaging and memorable experience for all participants, as well as to tap on the bicultural acumen of our student leaders, our camp activities revolved around a storyline based on the Romance of Three Kingdoms, one of the four notable classics in Chinese literature. Our participants took part in a series of activities that helped to stretch their limits and assist them in discovering their potential. At the same time, the facilitators' involvement was minimal as the participants were empowered to step up as leaders in their groups and be proactive in completing the given tasks.

Through this camp, we realised that identifying our strengths and weaknesses

was vital in enabling us to achieve a greater degree of self-awareness, which was essential in establishing a collective identity for effective leadership. The ability to acknowledge that everyone is different and can therefore contribute in different ways was also crucial in helping us to synergise and develop each team member holistically. During the Reflect, Appreciate and Ponder (RAP) Web sessions on the last day, it was very heartwarming to see that the participants have prepared gifts for their facilitators and also letters of appreciation for their fellow group members. The participants also had a chance to listen to the organising committee share their student leadership experience, hence learning more about the various factors that contributed to the success of this camp.

As the organising committee, we would like to extend our heartfelt gratitude to all student leaders for their active participation in the Team Leadership Training Camp. We are confident that as we embark on our various leadership journeys, all of us will put the skills we picked up to good use. We look forward to leading and serving in our various capacities as student leaders.

Koh Xin Yi (4M '15)

Chairperson of Team Leadership Training Camp 2015

On the morning of 22 February, the entire RV student body gathered to vote for their next Student Council President – it was the finale to months' worth of preparation, campaigning and fervent rallying.

During the Nomination stage last October, the 37th Cabinet Council worked tirelessly to deliver the most accurate description of what the Council journey represented. Through a poster series titled "Dear Future Councillors", the members of the 37th Cabinet shared the vital qualities they felt all councillors needed, and in our video called "Would you do it again?", we sought to share our experiences with the hopeful candidates. To our delight, these efforts were fruitful, for the responses received were enthusiastic.

Upon successfully passing the nomination stage, our shortlisted candidates for the 38th Council were mentored by the Council seniors - understudying the planning of Prom 2015, and independently organising the Y5 Initiation 2016, to prepare themselves for the task of leading and serving the RV community.

Finally campaign season began; with posters and banners adorning the school corridors, all 22 candidates rallied hard, and pushed themselves to listen to the specific needs of the different cohorts. Feedback that will no doubt shape their batch's vision for the term. Sharing their goals via elaborate pen portraits and articulate speeches, the school was abuzz with the excitement that came with the promise of fresh ideas.

Now the Council has been voted in, we are sure all 17 members will hit the ground running, and as seniors, we wish them the very best and we look forward to having them lead us into the new 38th term.

Naomi Lim Bao Bao (6R)

Chairperson, Organising Committee of the 38th Cabinet Council Elections

38th Cabinet Council Election

Andrea Tan sharing her views during lunch rally



Chua Swee Kune delivering her election speech



立化武术团模仿齐天大圣



灵猴报喜迎新春

袁婧(3M) 柯紫洁(3E)

每年农历新年前夕，整个校园都会张灯结彩，沐浴在红色的新年气氛当中。学校都会选择在农历新年前夕举办新春庆祝活动。今年当然也不例外。

今年庆祝活动的开场节目就是我们学校中二学生给我们带来的二十四节令鼓。他们各个精神抖擞，鼓声气势磅礴、鼓乐齐鸣。大家都被鼓声“震”到了！

接着，华乐队给我们带来三首新年歌曲：《恭喜恭喜》、《迎春接福》和《拜年》。他们弹奏的歌曲悦耳动听，优美的旋律把我们带入了新年的喜庆气氛中，大家都不禁随着旋律摆动身体。

下一个表演是大家等待已久的舞蹈表演，其中以大伞作为道具是舞蹈的一大亮点。大家都被舞者们优美的舞姿迷

倒了，目不转睛地观看表演。从他们的舞蹈表演里可以看到他们为这次的舞台付出的努力，让台下的观众不禁为他们鼓掌喝彩。

接下来，是学校请来的两位相声演员带来的一段相声表演《新春趣谈》。他们讲了关于新年挂对联的习俗，也让我们从欢声笑语中学会如何根据上联，以对偶的形式拟下联。他们也不时加入一些新加坡特色的搞笑元素，比如以前小孩子去别人家拜年时，说的第一句话往往是“恭喜发财，红包拿来”，现在变成“恭喜发财，wifi拿来”，以讽刺网络对当下人们生活的影响。同学们听了都笑得前俯后仰。

接着就是我校武术队给我们带来的出色表演。既有舞刀弄枪，也有太极拳术，真是柔中带刚，精彩绝伦！

最后的压轴节目是老师走的猫步和大合唱。当同学们看到自己的老师在台上走猫步时，都给予老师们热烈的掌声！气氛被推向了最高潮。走完猫步后，老师们就开始唱新年歌曲，同学们也一同高声歌唱。整个节目结束后，礼堂里掌声如雷，新春表演活动圆满落下了帷幕。

学校也邀请了文礼区的老人与立化师生一同欢度新年。立化咨询委员会的委员们也为这些老人派送红包，送来新春祝福。做为立化大家庭中的一员，我们希望学校农历新年的庆祝活动会越来越好。同时，我们应该将华人最重要的节日——农历新年的传统一代代延续下去。

新春庆祝活动圆满落幕



咨询委员会给文礼区老人派送红包



校长致新年贺词





History Workshop on "Historical Inquiry"



Mathematics Workshop on "Mathematics through the Escape Game"

The Pedagogical Excellence Academy Symposium



English Language Workshop on "Year 4 Online Learning of English 4.0"

The year 2016 marks River Valley High School's 60th year milestone in her journey towards curriculum and pedagogical excellence. To celebrate this milestone, the inaugural Pedagogical Excellence Academy Symposium on 18 February 2016 featured a keynote lecture on "*The Thinker in the Singaporean Classroom*" by Dr Letchmi Devi Ponnusamy and 17 workshops and sharing sessions by our staff.

In line with the symposium's theme "*Quality Teaching and Learning in the 21st century*", the Pedagogical Excellence Academy Symposium capitalised on the departments' expertise and leadership in sharing their pedagogical practices of the RV Integrated Programme with more than 200 educators from 35 Secondary schools and Pre-University institutions.

It was a resounding success as the participants gained deep insights from the keynote lecture, participated actively in the workshops and took away many good learning points.

Mrs Lee Lee Mui

纽约喜相逢

刘辰 (6G-2014) 罗雨寒 (6B-2014)



立化师生纽约同聚

纽约的初春往往会被寒风紧紧地包裹着，压得人喘不过气来。但黄秋莺老师一行将来纽约访问的消息一下子就把寒风吹散，让我们这些年轻的立化校友感到无尽的暖意。上至2007届、下至毕业不久的2014届，近20名立化校友自发组织，从美国东北部的各个角落出发，集结纽约。兴奋、感慨、激动——在与多年未见的恩师和校友相聚的那一刻，我们感到更多的是家一般的亲切。一下子，我们又仿佛回到南洋烈日下的立化校园：我们想起了当年的课堂、课程辅助活动和立化校址的几度搬迁，甚至聊起当年去老师家拜年时手里拿着那金灿灿的橘子，接着收到鼓鼓的红包。短短的相聚，我们有说不尽的话题。谈笑中，我们深深地感受到立化给予我们的财富：我们不仅收获了知识，并且学会了做人。即使我们现在身处繁华多元的纽约，我们也能保持独立、保持自我，在享受这个城市精彩的同时却不被外面的花花世界所诱惑。这不得不归功于在立化接受的品格与道德的熏陶。

感谢立化，让我们拥有那一段充实而美好的学习生涯。

Updates from the PTA



PTA Executive Committee



Putting on make-up for the 24 Festive Drums performers

The team set up many make-up booths during the RV60 celebration



Question & Answer session during the Transition Talk



Transition Talk Speaker, Mdm Wang Jing



More information on the RVH-PTA and its upcoming events can be obtained from its website at <http://www.rivervalleyhigh.moe.edu.sg/>. Alternatively, direct access can be made using this QR code.



A New Exco

The 27th Executive Committee of the PTA was elected on 20 February. The Parent-Teacher Association (PTA) wishes to thank all members of the previous Executive Committee for their service and contributions.

The office bearers of the new Executive Committee are:

Chairperson	Grace Ng Siew Leng
Chairperson Emeritus	Qhek Hwee Boon
Vice Chairperson	Zeng Shuzhen
Vice Chairperson	Shanli Lim Gim Hua
Vice Chairperson	He Xiaoping
Hon. Secretary	Mdm Chong Quek Keow
Hon. Treasurer	Deng Hong Lin
Assistant Treasurer	Lin Ke Hui

These members have been elected as auditors:

Hon. Auditor	Gary Mak Kah Woh
Hon. Auditor	Priscilla Ng Kar Choo

The PTA's goals remain the same:

Engagement – The PTA serves as a networking platform for parents to provide mutual support while connecting with the school.

Enrichment – The PTA is a platform for parents to improve their parenting skills so that they can better understand and support their teens.

Support – The PTA supports the school in providing RVians with a holistic education.

All parents are welcome to participate in PTA organised events and are encouraged to find out more on the PTA website.

RV60

The PTA helped wish RV a happy 60th birthday by supporting the RV60 Preview and RV60 performance. Parents were involved backstage, doing make-up and hair for the 太极、盾牌、大旗 and 24-Festive Drums performances. Others also helped in the distribution of food to the participants. Many thanks to all who came down to help make the day special!

Y1 Parents Talk

When students first enter RV, they are not the only ones joining the school community. Parents also need to quickly come to terms with what life at RV will be like for their sons and daughters. To help parents cope, the PTA organised a Transition Talk on 23rd January for Year One parents. The PTA Exco shared important information that all parents of RV students should be aware of, as well as support available to them, while Mdm Wang Jing gave some advice on how to parent teenagers.



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